

Canapés Cardamom Pod Menu

£1 per canapé per person

bruschetta or oatcakes topped with:

pesto, mozzarella and tomato

mackerel pate, dill, beetroot

cheese with herbs and garlic, salmon, dill

hummmous, caramelised onion, paprika

mini sausage rolls

pork, herbs and tomato relish

spiced puy lentils and salsa verde

frittata bites – oven baked omelettes filled with:

Sweet potato and red onion

Spinach and butternut squash

New potato and bacon

onion bhajis with mint raita

vegetable fritters with spicy tomato relish

mini peppers stuffed with cheese and herbs

mini cakes such as:

cardamom cake

vegan chocolate sponge

ginger and whisky cake

fruit and almond cake

Delivery and other information

Delivery is included within approximately 10 miles of Brighton if you order for 15 people or more. Otherwise we can deliver within this area for £10.

We will assemble the canapés on site on your plates and serving dishes.

We can bring display plates which we would collect later for an additional £10.

To discuss your event and talk food you can contact us at

Anna 01273563375 or 07770907429

thecardamompod@yahoo.com